

GCSE PE

Exam board: Edexcel

Mock length 1 hour 45mins

What will be on the mock

Applied anatomy and physiology

Movement analysis

Physical training

Sport psychology

Health, fitness and well-being (**NOT** - energy use/diet and hydration)

They should be using the exam practice workbook they have all been given. This contains all types of questions with a mark scheme, how to answer them, as well as 'exam tips'.

Students could also use KERBOODLE