

GCSE SPORTS STUDIES



Exam Board

AQA

What will I study in GCSE SPORTS STUDIES?

You will study all aspects of sport and physical education, both theory and practical. Topics covered include Health and Fitness, Leisure and Recreation, Training, Diet and the Cultural/Social aspects of sport.

What will the SPORTS STUDIES lessons be like?

Lessons will be split between theory based classroom sessions and practical activity sessions, which focus on specific sports/activities. You will have opportunities to take on different roles within these activities, including coach, official, organiser etc. You will also spend time analysing and improving your own and others performance, often through video feedback.

How is the course assessed?

Final course assessment is 60% practical performance. This is based on 4 activities, either in your role as a performer, official, organiser or a coach/choreographer, including observation/analysis and your knowledge of rules. 40% is based on your theoretical knowledge, assessed by examination, part of which will be a previously seen scenario.

How will I be assessed in lessons?

You will be continually assessed throughout the course as you take part in different activities and take on different roles. You will also do regular tests in theory sessions to check on progress.

Why should I study GCSE SPORTS STUDIES?

You should study this if you have a genuine interest in sport. You should have a good level of ability in a range of practical activities or perform at a high level in your chosen sport/activity and a very positive attitude towards participation.

What course/career can SPORTS STUDIES lead on to?

Courses that would follow on are: AS Level Physical Education and BTEC National in Sport. Careers that could follow on are: Jobs in the leisure industry (sports centres/gyms/health clubs) Leisure industry management, sports development, PE teacher, Physiotherapist, Sports psychologist.

What are the results like in GCSE SPORTS STUDIES?

Past results have generally been in line with the schools A*-C. Many students, particularly those performing practically at a high a level, achieve their highest GCSE in Sports Studies.